

THE CURRENT SITUATION AND SOME SOLUTIONS FOR THE SUSTAINABLE DEVELOPMENT OF COMMUNITY FOOTBALL FOR TEENAGERS AND CHILDREN IN THANH HOA CITY

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Community football creates a good playground for teenagers and children to relax and improve their health after the class. Community football has contributed to promoting the development of sport movement in general and football movement in particular in Thanh Hoa province. The article assesses the current situation and proposes effective solutions for the sustainable development of community football for teenagers and children in Thanh Hoa city in the coming time.

Key words: Community football; Teenagers and children; Thanh Hoa city.

1. Introduction

Youth and children's community football is a playground to help children have fun with the ball, improve their health and interact with each other after cultural lessons. Most parents want their children to have a useful playground with a view to avoid computers and mobile phones and games. In addition, the effect from the success of Vietnamese national football, Asiad 2018 and the latest AFF Cup 2018 attracts them. This is the "base" for Vietnamese football in The future. Because there are a lot of students who love football, it is necessary to develop community football in schools. In fact, community football has developed in many localities in the country, but the way to make it efficient is important. Therefore, there will be many problems arising such as facilities, tuition fees, training time, collaborators...

Accordingly, With an increasingly rapid urban development of Thanh Hoa city, the area of school yards for physical training is still limited, but the need of the Youth is increasing day

by day. Therefore, the establishment of sports clubs, including community football to meet the essential needs of students is necessary and urgent [2], [3], [6].

2. Research overview

Youth football training is always a challenge for any locality or country where has its own way of developing football, but starting from community football is always the right direction. Researchers and international organizations related to football interest the issue of youth football development.

The researcher Ma Tuyet Dien (2001) in the book *Technical football and training methods* mentioned the role of youth football training, equipping with basic skills and knowledge of Football in the initial training session.

Thanh Huyen (2001) with an article *Exercises for soccer athletes* published in the journal Sports Science Information analyzed various types of exercises, from no ball to ball, fixed situations to move without the ball.

In the master's thesis, *Research on assessing the physical and technical level of young male football athletes aged 17-18 in Khanh Hoa after one year of practice*, Nguyen Trong Loi (2004) researched the fitness level of young male athletes. aged 17-18 years old after one year of practice. He gave the assessment before training and after the application of tests in order to make recommendations for effective exercises.

Nguyen Dang Chieu (2004) in his doctoral thesis *Research on the amount of physiological movement of football athletes aged 15 - 16 and 17 - 18 in the basic preparation period* has studied the amount of physiological movement for the basic initial training period of the training phase and given the amount of physiological movement in this phase.

In general, the above works focus on the main directions such as: Selection, assessment of football training levels of all ages, teaching methods, technical training, football tactics... but no studies on research for youth community football in Thanh Hoa city. On the basis of inheriting the materials of previous researchers, the author of the article applies them as a theoretical basis for assessing the current situation and offering solutions to organize youth community football activities in Thanh Hoa city.

3. Methods

The article used the common methods in scientific research of sports, such as synthesis and analysis of documents, interview, survey, and descriptive statistics.

4. Results

4.1. The basis of study

With the purpose of having useful playgrounds to contribute to children's health training and physical improvement, many models of community football for young people in the

province have been organized; thereby discovering and nurturing young talents is a driving force to promote the development of football.

Students have been trained with many creative exercises to improve their agility and flexibility, and practice technical manipulations in football. Thereby, the children not only have positive changes in bodybuilding, physical fitness, playing technique, but also practice life skills, improve discipline, solidarity and teamwork ability. ..

Community football clubs cooperate with community football centers in provinces and cities to organize friendly tournaments to exchange experiences and help children have the opportunity to play and compete. Young football talents are found. They have favorable conditions to access football academies, famous football training centers in the country to realize their dream of becoming a professional football players [1].

With good training conditions and equipment, the clubs are operating effectively to meet the needs and passions of the youth, contributing to the development of the school sports movement. Community football centers are also places where families send their children to practice physical and life skills. Football is a very good choice of sport, especially for city children when time and living space are limited. In addition to learning skills with the ball, the children are also taught soft skills in life by teachers and coaches such as: Nobility in sports; teamwork spirit; Meet and interact with famous football and sports stars.

Community football club not only focuses on investing in facilities and yards, but also focuses on improving and standardizing the team of coaches and officials in charge of management and organization. Professionalism is also the goal of community football classes. Therefore, at first, parents who send their children to study at community football centers and clubs also have concerns about safety and effectiveness in their children's training. However, through the time of playing and practicing with the teachers, the mental and physical well-being of the students has improved markedly. Many parents expressed satisfaction when their children were satisfied with their passion for football instead of managing children during the summer holidays [5].

4.2. The reality of youth and children's community football in Thanh Hoa city

Survey on the current situation of youth and children's community football centers in Thanh Hoa city, there are currently 05 centers: Viet Hung Community Football Center, Nhu Do Community Football Center, Community Football Center of Thanh star, G8 Omely Community Football Center, Dinh Tung Community Football Center (see table 1).

Table 1: Survey results on the scale of youth and children's community football centers in Thanh Hoa city

No	Centers	Number of students/year	%
1	Viet Hung Community Football Center	280	45.16
2	Nhu Do Community Football Center	100	16.13
3	Community Football Center of Thanh star	120	19.35
4	G8 Omely Community Football Center	80	12.90
5	Dinh Tung Community Football Center	40	6.46
	Total	620	100

The results in Table 1 shows that out of a total of 620 students, the highest number of students in one year belongs to the Viet Hung Community Football Center with 280 students (accounting for 45.16%), followed by Community Football Center of Thanh star with 120 students (accounting for 19.35%), Nhu Do Community Football Center with 100 students (16.13%), G8 Omely Community Football Center with 80 students (accounting for 12.90%), the least students are Dinh Tung Community Football Center with 400 students (accounting for 6.46%).

The earliest center was the Nhu Do Community Football Center, established in 2012, the rest of the centers were born in 2018 and 2019.

Owner structure: 4/5 centers are football athletes and coaches, only Thanh star Community Football Center is a businessman. These centers are operating without a license.

Average age of trainees is 10 years old; Average duration of a course is 3 months/course; average training time is 90 minutes/session; Summer is the peak season of the year with the rate of students studying regularly and following the course is about 90%. In general, the attitude of the students is happy, excited and enthusiastic about practicing. The ability to absorb the exercises of the majority of students is normal. The training program is mainly self-constructed, basically suitable for the target audience. Table 2 is the results of the survey on the actual situation of coaches and collaborators (CTVs) of the centers.

Table 2: Survey results on the current situation of coaches and collaborators of Youth and children's community football centers in Thanh Hoa city

No	Centers	Number	%
1	Viet Hung Community Football Center	12	41.38
2	Nhu Do Community Football Center	4	13.80
3	Community Football Center of Thanh star	5	17.25

4	G8 Omely Community Football Center	4	13.80
5	Dinh Tung Community Football Center	4	13.80
6	Total	29	100

The results in Table 2 show that Out of a total of 29 coaches, Viet Hung Community Football Center has the most coaches in 12/29 (accounting for 41.38%), the rest of the centers have 4-5 coaches (accounting for from 4 to 5 coaches). 13.80% - 17.25%).

Out of the total of 29 coaches of the centers, there are 02 coaches certified by the Thanh Hoa Provincial Football Federation (accounting for 10.53%); 01 bachelor of physical education (accounting for 3.45%); 07 coaches who was a footballer in football community clubs (accounting for 24.14%); 17 ranked football player (accounting for 80.96%).

Average age of coaches, collaborators: 35 years old

Years of coaching youth and children's community football (average): 2 years

Table 3: Survey results on the actual number of fields of youth and children's community football centers in Thanh Hoa city

No	Centers	Number of fields	%
1	Viet Hung Community Football Center	08	38.10
2	Nhu Do Community Football Center	03	14.29
3	Community Football Center of Thanh star	05	23.81
4	G8 Omely Community Football Center	03	14.29
5	Dinh Tung Community Football Center	02	9.53
6	Total	21	100

The results in Table 3 reveals that Of the total 21 fields of the youth and children's community football centers in Thanh Hoa city, the first is the Viet Hung Community Football Center with 08 (accounting for 38.10%), followed by the Thanh Star Community Football Center with 5 yards (accounting for 23.81%); 03 centers with 2-3 yards (accounting for 9.53% -14.29%). Total area of yards (estimated m2): 3780 m2.

Table 4: Survey results on investment in auxiliary equipment of youth and children's community football centers in Thanh Hoa city

No	Centers	Equipment (million dong)	%
1	Viet Hung Community Football Center	24	40.0
2	Nhu Do Community Football Center	08	13.34

3	Community Football Center of Thanh star	15	25.0
4	G8 Omely Community Football Center	07	11.67
5	Dinh Tung Community Football Center	06	10.0
6	Total	60	100

The survey results of investment in auxiliary equipment investment of youth and children's community football centers in Thanh Hoa city in Table 4 imply that Out of a total of 60 million, Viet Hung Community Football Center is the first with 24 million (accounting for 40.0%), followed by the Thanh Star Community Football Center with 15 million (accounting for 5.0%); the rest of centers are from 6 to 8 million (accounting for 10.0% - 13.34%). In general, the facilities, yards, health care, services, security, and ancillary facilities of the centers basically meet the training needs of students

In the past 2-3 years, the investment to upgrade facilities and fields has been quite active in Thanh Hoa city. Most organize community football classes and maintain them regular activities throughout the year. With the orientation of professionalizing activities, the community football centers and establishments organize internal tournaments and exchange tournaments, thereby forming football teams of the centers that can participate in community football festival organized by Thanh Hoa city.

The development of community football centers in Thanh Hoa city has spread strongly to many other localities in the province such as Sam Son city, Nghi Son, Thuong Xuan, Quang Xuon, Tho Xuan, Ha Trung, Nga Son, Thach Thanh, Thieu Hoa, Ngoc Lac. On average, each district has 4-5 modern artificial turf fields. These places has significantly contributed to promoting the development of local sports movement, meeting the needs of practicing sports improvement in the new situation. Community football training centers and establishments all operate in the direction of professionalism to find out talent footballers for Thanh Hoa province and the country.

Through preliminary statistics from the Thanh Hoa Football Federation, talented young players were discovered and selected from the community football playground in the province for the famous youth training centers of the country such as Hoang Anh Gia Lai Football Academy, Viettel, Hanoi FC, Juventus Vietnam Academy, PVF, Thanh Hoa Football Club... are increasing. The development of the community football model in the direction of professionalism in Thanh Hoa province is vibrant and positive. Many businesses and investors are oriented to expand their scale with more training and service facilities, increase the number of fields with modern equipment and tools for training. Competition between centers and community football facilities is increasing.

To develop community football in Thanh Hoa city, it is necessary to mention the investment in building facilities for the development of community football by Viet Hung Development Joint Stock Company. Starting with just a small football field - a four-season field in Dong Ve ward (Thanh Hoa city), the company continues to invest in a system of modern, standard artificial turf fields with a total area of 5,000m² in Dong Huong Ward (Thanh Hoa city). Besides 3 beautiful football fields with a lighting system to ensure that the competition can be played at night, the drainage system operates quickly and efficiently and many other ancillary works such as changing rooms, canteens, etc are good. From May 2019 until now, Viet Hung football field has met the demand of football training for dozens of community football clubs and teams in Thanh Hoa city.

Modern facilities, fields are good conditions for Viet Hung Football Center to embark on the development of a community football model. From the summer of 2019 until now, the center has continuously opened community football training classes, meeting the needs of physical training for children and teenagers in Thanh Hoa city. The center has enrolled and maintained 4 community football classes with the participation of over 120 children. The community football classes are taught by a team of professional coaches or collaborators who are lecturers of sports universities, and former professional players. The children participating in the community football class are practiced in good and professional conditions. Less than 2 years into operation, the community football model of Viet Hung Football Center has achieved positive results. Many of them are members of the community football training classes and passed the talent selection exams of the top youth football training centers in the country such as Juventus Vietnam Academy, Thanh Hoa Football Club became a member of Thanh Hoa city's children's football team to participate in the national tournament...

Viet Hung Football Center is also a sponsor, accompanying the U11 team in Thanh Hoa city to participate in the final round of the national U11 tournament 2020.

Viet Hung Football Center is currently the address chosen by parents in Thanh Hoa city. The short-term success of Viet Hung Football Center has positively impacted other businesses and investors in Thanh Hoa city and other localities. Many centers have invested in upgrading the yard system, replacing grass and equipment with a value of several billion to tens of billions of dong, as well as implementing a community football model, opening new football classes to meet the needs of many different subjects in society.

4.3. Solutions

From the theoretical and practical basis of developing youth and children's football in Thanh Hoa city, the author proposes some basic solutions as follows:

- 1) Bringing community football to schools

2) Community football classes are taught by a team of professional coaches and collaborators who are lecturers of sports universities, and former professional players.

3) Develop and promulgate criteria and practice standards; organize registration and uniformly manage records of subjects operating in the field of community football.

4) Developing a network of small-scale stadiums in schools; simple stadiums in communes, wards, inter-villages, urban areas, residential clusters, industrial parks... There are preferential policies, encouraging business to invest in the construction of stadiums in the form of a fee-based service business.

5) Enterprises and organizations providing community football services must have a comprehensive investment in the direction of modernization and professionalism. Only in this way can we attract and retain students to practice football regularly.

Xem thêm về văn bản nguồn này [Nhập văn bản nguồn để có thông tin dịch thuật bổ sung](#)

5. Discussion

Although the given goals and indicators have shown the actual operation of community football centers for teenagers and children in Thanh Hoa city, in order to achieve the goals are still big challenges. The problems of the quality of the coaching staff, the organization of activities of the community football centers, especially the problem of facilities to meet the needs of entertainment and practice are always lacking. Parents want their children to study without paying attention to their children's exercises. From the above analysis, it can be seen that the developing community football for teenagers is always essential in any stage of social development.

6. Conclusion

In recent years, community football activities, especially teenagers and children in the province and Thanh Hoa city have developed strongly. In addition to the investment in artificial turf fields by individuals and businesses, the appearance of community football centers and clubs has brought attraction and diversity to football activities. This useful playground needs to be replicated so that the children can develop comprehensively both physically and mentally, and is a place to find and nurture talents, nurture their dreams of entering professional football.

Therefore, It is necessary to have appropriate solutions for the sustainable development of youth and children's community football, including: Bringing community football to schools; Being taught by a team of professional coaches and collaborators who are lecturers of sports universities, former professional players; Formulate and promulgate criteria and practice standards; organize registration and uniformly manage records of the objects operating in the field of community football; Developing a network of small-scale stadiums in schools; simple stadiums in communes, wards, inter-villages, urban areas, residential clusters, industrial parks;

Businesses and organizations providing community football services must have a comprehensive investment in the direction of modernization and professionalism.

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